

Climbing For A Cause

Mt. Kilimanjaro For Haiti February 2017

Join us for the opportunity of a lifetime in Climbing Mt. Kilimanjaro in Tanzania, Africa's tallest mountain (19341 ft.), in February of 2017. Combine the thrill of climbing on one of the world's greatest peaks with the satisfaction of helping those in need.

Proposal

Global Groundwork Foundation has partnered with 1,000 Shades of Green Tour & Safari Co. as they have graciously organized a 10-day trip for 30 adventurous individuals to climb Mt. Kilimanjaro at no-profit. Their generosity has allowed us to turn this excursion into a fundraising opportunity. We will provide 30 individuals with the opportunity of a lifetime to summit Africa's tallest mountain – Mt. Kilimanjaro. In return, we're asking each person to raise \$10,000 for the experience. From that amount, we will be able to put \$5,600 from each climber directly toward construction cost, while the remaining \$4,400 will cover round trip airfare as well as all in-country expenses. With the \$168,000 raised from individual climbers, along with corporate sponsorship, we will be able to break ground for the Training and Community Center in Haiti by August 2017.

Our Mission

Global Groundwork Foundation 501(c) (3) is a non profit organization dedicated to making a positive difference in peoples' lives. Global Groundwork provides vocational training opportunities in developing countries. We educate, train and facilitate vocational education to men and women as a means out of poverty. We have been working in Haiti since 2010, and are in the process of acquiring land and developing a vocational training and community center in Cite Soleil, Haiti. Our training and community center will give young men and women job skills and on the job training to pursue a career or trade. We will focus on job placement for our students and build in to them a spirit of community reinvestment. When vocational trainings are not going on the center will be open for community use and after school programs.

The Itinerary: Machame (Whiskey) Route

Route Description: The Machame (Whiskey) Route is the most popular camping route on Kilimanjaro. It is a rugged combination of routes that begin through the rainforest at Machame Village on the southwest side of the mountain. Over seven days the route rises onto the edge of the Shira Plateau, down into the beautiful Great Barranco Valley, and then circumvents the Kibo massif counter-clockwise through alpine desert until reaching Barafu Camp. The trek to the summit is done overnight to the crater rim on the steep scree slopes of the east-south-east facing Mweka Route. The trek winds through beautiful scenery, which changes quite dramatically every day.

Day 1: Arrive at the Kilimanjaro International Airport (JRO). From there we will take a bus to Sal Salinero hotel where we will be staying for two nights in deluxe rooms. Each individual will have his or her own bed but will share a room with other climbers.

Day 2: Relax and get to know each other and your surroundings, exchange money and a may be a short tour to Moshi. In the evening our guides will brief you about your Kilimanjaro hike adventure, check your hiking equipment, have dinner and overnight at Sal Salinero Hotel BB.

Day 3: Machame Camp (9,850 ft./3,000m.)

Departure from hotel to the Machame Gate. Upon completion of entry, the climbers begin walking through the mist on a 4 x 4 track for about an hour into the forest. The trail continues up through the dripping, verdant forest. Trekkers will likely hear the many exotic birds in the canopy above, and many even see black & white colobus monkeys and Sykes monkeys as they hike along the forest floor. The trek is roughly 12 miles and not very steep, and it will take about 5 to 7 hours trekking to reach the first camp. Machame Camp is located just above the forest zone, in the heather zone

Day 4: Shira Camp (12,600 ft./ 3,840 m.)

Wake early to a steaming cup of tea or coffee & breakfast. Then we begin up the steep track through a savannah of tall grasses, and trees of giant Heather and Erica. The clouds should clear for a beautiful view of the Western Breach and the glaciers atop which mark the summit of Uhuru Peak. Scramble around large boulders as you enter the moorland zone, marked by the bizarre lobelia and senecio plants, and volcanic rocks draped with lichen beards protecting wild alpine flowers growing at their bases. You'll reach camp after descending a small valley and crossing a brook, then ascending up onto the Shira Ridge, after a total of about 4 to 5 hours of trekking.

Day 5: Barranco Camp (12,950 ft./ 3,950 m.)

Proceed steadily upward over long ridgelines of high desert about 4 hours, and break for lunch at about 14,500 feet (4,420 m.). After lunch, continue to Lava Tower, a 300 foot-tall volcanic plug that marks an exposed pass at 15,000 feet (4,600 m.). In the afternoon, descend the steep track into the Great Barranco Valley. Barranco Camp is set on a col (flat area) enclosed on three sides with steep valley walls and the Kibo massif itself. Hanging glaciers glint in the sunshine above, amidst the eerie landscape of plants such as the giant groundsels (Senecio Kilimanjaro), and the uniquely endemic Giant Lobelia. Trekking time is 6 to 7 hours.

Day 6: Karanga Camp (13,100 ft./ 3,995 m.)

Today we trek to Karanga Valley Camp, at 13,000 feet (3,950 m.), between Barranco and Barafu Camps. This day has proven to be very important for acclimatization. The day begins with a scramble up the steep 'Barranco Wall', then traversing up and down the slopes of valleys, which has been carved, into the mountain's southern face. Kibo's glaciers loom above to your left and the jagged peaks of Mawenzi jut into the African sky at just under 17,000 feet straight ahead. We reach the Karanga Valley after 3-4 hours of trekking for a hot lunch. Spend the afternoon relaxing or take excursions from camp.

Day 7: Barafu Camp (15,200 ft./ 4,630 m.)

From here the trail turns steadily uphill. The temperature will grow colder and the landscape more sparse as we near Barafu Camp. Barafu Camp is set on a small, exposed flat area on a ridge, acting as a base camp from which you will make your summit attempt at midnight of this day. Total trekking time is 4-5 hours, with a hot lunch upon reaching camp. The afternoon is yours to rest and prepare for the long night ahead. Eat and drink as much as possible before retiring early to your tent for rest.

Day 8: Uhuru Peak (19,340 ft./5,895 m.)

We awake very early on this momentous day. A midnight wake-up call is the start of a juggernaut (12-17 hours of trekking). The temperatures range from just below freezing at midnight, to between 10 degrees F to -10 F just before dawn at the summit. The winding path of endless switchbacks will take form and shape in the shadows of the Ratzel and Rebmann glaciers at early dawn, and behind you the spires of Mawenzi will be silhouetted against the red glow of the sun from beneath the clouds. After about 6 hours of walking, you will come to the edge of the crater, at Stella Point, at 19,000 feet (5,790 m.), which is the end of the steep track. From here, there is a gentle slope upward about one hour to Uhuru Peak. After a short time at the summit, descend the steep scree trail back to Barafu Camp for some rest; then again summon your strength for further descent to Mweka Camp for the night.

Day 9: Mweka Gate (6,000 ft/ 1,830 m.)

Descend straight to the gate (2-3 hours), where you will then have lunch and will be awarded climbing certificates. Check back into the Sal Salinero Hotel.

Day 10: Departures

Depending on your flight schedule, our guide will drop you off at Kilimanjaro International airport in time for your flight back to the USA. Each climber can choose to schedule his or her flight home from the then. If individuals are interested in continuing to travel or explore a safari option (Serengeti National Park or Ngorongoro Crater), please feel free to make separate reservations with 1000 Shades of Green Tour & Safari Co. by contacting Morgan at cmkisitu@gogreensafari.com

Price Includes:

Round trip airfare from most major airports to Tanzania Africa.

Pick up from Kilimanjaro Airport and back

Transportation to the start gate and back

Accommodation both before and after your climb

All climb costs, salaries, food, fees, etc. (excluding tips)

All transfers to the mountain and back to your hotel

Degree of Difficulty

The path consists of a gentle gradient and there is none of what mountaineers call “technical climbing” – moments where, for example, you might find yourself clinging onto an overhang. Because there are no technical obstacles, most healthy, physically fit individuals will have an excellent chance of reaching the 19,340-foot summit. But just because the climb is not technical does not mean that it’s easy. At times, it is very physically demanding. The key to your success is preparing yourself for both the physical and mental challenges that that you will face during your climb.

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Safety Equipment:

- Hyperbaric Chamber
- Oxygen for emergency use
- Pulse oximeter
- Mobile phones – carried by the head guide and all assistant guides, for daily communications with base in Arusha.
- VHF 2-way handheld radios (with extra batteries) carried for quick communication between head and asst. guides
- Stretcher (and convertible litter)
- Comprehensive medical/first aid kits (as per WFR/NOLS USA guidelines)

Camping equipment and gear:

- Mountain Hardware sleeping tents
- 2 inch mattresses for each client
- Large weatherproof dining tent.
- Washbasins provided for each trekker.
- Large private toilet tents only for our guests; with portable flush toilets with base.
- Hot water prepared for climber's bottles at night

Mountain Cuisine:

Three hearty meals a day + snacks upon arrival in camp. Our new menus have been developed by a professional cook who has trained staff in up-market safari bush camps where equipment and resources are minimal. We produce and prepare a majority of our food in our base kitchen, for delicious and energizing meals necessary for high altitude mountain trekking. Specialty foods like chocolates and cheeses. Homemade cookies and breads, produced in our own kitchen.

NOT included

Vaccinations, visa, tips, personal expenses, personal medical kit, travel insurance, bottled mineral water, sleeping bags, or other personal trekking gear. **Equipment is available to rent in country at a small fee.

**Please Contact Mitch Lown with all questions
Email: Lowntown@gmail.com or call (608)769-4635**

Corporate Sponsorship

Can your company or organization sponsor your climb? Feel free to use this corporate sponsorship breakdown as a way to entice your employer to go above-and-beyond, while receiving a myriad of benefits in the process. Global Groundwork is a registered 501(c)(3) nonprofit organization. All donations are tax-deductible and each donor will receive proper receipts.

50,000+ – “Beyond the Clouds” Sponsorship

- Naming Rights to the Training & Community Center in Haiti
- Donation Recognition Plaque in the Center
- Personal flag at the summit of Mt. Kilimanjaro
- Logo on each climber’s jersey

\$25,000+ – “Uhuru Peak” Sponsorship

- Naming Rights to the Courtyard & Garden
- Donation Recognition Plaque in the Center
- Personal flag at the summit of Mt. Kilimanjaro
- Logo on each climber’s jersey

\$5,000+ – “Base Camp” Sponsorship

- Donation Recognition Plaque in the center
- Logo on each climber’s jersey
- Sponsor Sheet in Media Kit

\$1000+ – “Adventure” Sponsorship

- Donation Recognition Plaque in the Center

1000 Shades of Green (www.gogreensafari.com) is a community conscious tour operating company that operates in East Africa with offices in Kampala, Uganda, and Nairobi, Kenya. We offer tours and safari packages, reality excursions and a variety of other activities to give tourists an adventurous, enjoyable and a fulfilling time in East Africa. Although we are a private company, we partner with numerous NGOs & communities & strive towards a more developed East Africa.